

# Week 3

4<sup>th</sup> May

15<sup>th</sup> June

6<sup>th</sup> July

7<sup>th</sup> Sept

28<sup>th</sup> Sept

19<sup>th</sup> Oct

Monday

Roast vegetable frittata (GREEN)  
Chicken and sweetcorn pasta bake (RED)  
Pasta with super 7 tomato sauce (BLUE)  
Jacket Potato with Tuna, Cheese or Beans  
Baguette with Tuna, Cheese or Ham

Tuesday

Veggie hot dog (GREEN)  
Hot dog (RED)  
Pasta with super 7 tomato sauce (BLUE)  
Jacket Potato with Tuna, Cheese or Beans  
Baguette with Tuna, Cheese or Ham

Wednesday

Roast vegetable crumble (GREEN)  
Roast Pork (RED)  
Pasta with super 7 tomato sauce (BLUE)  
Jacket Potato with Tuna, Cheese or Beans  
Baguette with Tuna, Cheese or Ham

Thursday

Mild veggie Curry with Rice (GREEN)  
Mild chicken Curry with Rice (RED)  
Pasta with super 7 tomato sauce (BLUE)  
Jacket Potato with Tuna, Cheese or Beans  
Baguette with Tuna, Cheese or Ham

Friday

Cheese and tomato sub melt and chips (GREEN)  
Fish fingers and chips (RED)  
Pasta with super 7 tomato sauce (BLUE)  
Jacket Potato with Tuna, Cheese or Beans  
Baguette with Tuna, Cheese or Ham