

BOSMERE NEWS

GROWING LIFELONG LEARNERS

SPRING TERM NEWSLETTER NO.3

5th MARCH 2020

Dear Parents

I can't believe we are already in March - this year is flying by! The children are all working so hard in school and it is lovely to see them enjoying their learning; Year 6 are ploughing through their 'SATs Busters' booklets and enjoying learning about the Ancient Greeks, Year 5 have produced some excellent work as part of their project based learning and shared this with parents in their 'Space Museum', Year 4 have been enjoying looking at maps as part of their geography work and locating different features and Year 3 had a wonderful couple of days working on their 'Fairy tales' project.

STAFFING UPDATE

I know you will join me in passing on congratulations to Mr Adam and his wife on the birth of their new baby son, James. He is currently on paternity leave but will be returning to school on Monday.

Mrs Hall, the Headteacher at Fairfield Infant School, continues to be unwell at the moment and I am therefore still running between the two schools in order to support Miss Merrell their Assistant Headteacher. It is lovely starting to get to know the children at Fairfield and seeing some familiar faces!

CORONAVIRUS

This is a fast evolving situation and we will continue to share any new advice at the earliest opportunity.

As of 25th February, advice from the government for returning travellers is:

If you have returned from travelling to specific areas (follow the link for more detail) since 19th February, call NHS111 to inform them of your recent travel, stay indoors and avoid contact with other people even if you do not have symptoms. If you develop symptoms, however mild, you should stay indoors at home and avoid contact with other people immediately and call NHS111.

Information for the public:

<https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public>

In school, we are encouraging children to wash their hands regularly and thoroughly using soap and water. Reminder posters have been put up all around the school. We are also cleaning and disinfecting areas which are touched frequently like door handles on a regular basis.

BOOK WEEK

This week is our 'Book Week' and everyone is enjoying lots of reading activities in school. The children have the opportunity to come to school on Friday dressed as their favourite book character. We will also be joined by children's author Paul Geraghty for the day.

Our first ever '**School Reading Café**' will be open on Friday 6th March at 3.30pm. Collect your child from the playground, then visit the school hall:

- Meet our world-famous author Paul Geraghty - purchase a signed copy of one of his books
- Buy a book (or two) from the Hayling Book Shop - £2 off ANY book for all Bosmere pupils
- Cakes and biscuits on sale
- Buy a Book Frog made by our own Mrs 'Library' Dunn, just 50p each

SUN BOOK TOKENS

We would like to say a massive thank you to all parents, children and staff who collected book vouchers from 'The Sun' for our school. We collected enough tokens to receive the 105 free books for our school. They arrived yesterday and will be available very soon for the children to share with you. Thank you for your support.

SAFEGUARDING REMINDER

Please can I remind parents how important it is not to allow other adults through the front door. It is essential that all visitors ring the buzzer to gain access properly through reception in order to maintain site security. Thank you for your support and understanding with this matter.

PARENTS' CONSULTATION MEETINGS

Parents' Consultation appointments will shortly be available to book using the ParentMail app. Please ensure you book an appointment to see your child's teacher as it is important to keep up to date with the progress your child is making. We really do hope to see as many parents as possible - the children work hard on a self-review to prepare for these meetings and feel quite let down if they do not get the opportunity to share this with a parent at the meeting. If you have any problems booking an appointment, please telephone the school office and they will be able to make one for you.

END OF DAY PLAYGROUND SAFETY

I am noticing an increasing problem with the supervision of younger siblings as they wait on the playground to collect their older siblings at the end of the day. Many young children are being allowed to play very roughly on the astro-turf area, or to swing on the hand-rails. Not only is this potentially dangerous for the young children themselves, it is also becoming increasingly difficult for Bosmere children as they have to pick their way through, often carrying many items! Please could I ask that all younger children be supervised appropriately in order to help to keep our playground a safe place at the end of the day. This also includes refraining from riding scooters

or bikes as there are simply too many people on the playground for this to be safe. Thank you for your support.

CAKE SALE

We need to say a huge 'WELL DONE' to Sophia, in Year 4, who, with the support of her family and friends raised £740.30 from the sale of cakes at Bosmere and Fairfield last half term. The money raised will help the animals injured in the fires in Australia. Thank you to everyone who supported this event.

E-SAFETY TIP

It can be challenging for parents and carers to know whether children are spending too much time on their devices. Furthermore, it is even more of a challenge to know whether a child is addicted to the internet and social media. In fact, 93% of junior school aged pupils go online for nearly 13.5 hours a week. Here are some top tips for managing your child's screen time:

- Have mobile free mealtimes. Remove all technology from the dinner times and have a conversation about how everyone's day has been
- Set limits on screen time. Rather than banning devices altogether, decide with your child what you consider to be a healthy amount of time to spend online
- Encourage different activities. Show your children they can have fun without their devices. Ideally find some activities you can all enjoy together
- Remove devices from bedrooms. Even devices which are switched off at night can provide the temptation for children to check messages and accounts.
- Lead by example, try limiting your screen time and follow the same rules you set for your children

There is further information available through the link below.

<https://nationalonlinesafety.com/hub/view/guide/screen-addiction-guide-for-parents>

WELLBEING TIP

Our everyday habits are important to our mental health, just as they are to our physical health. Here are a few suggestions to help your child develop good habits.

Talk openly about mental health

Just as you might encourage them to eat fruit and veg to keep their bodies healthy (and model this behaviour yourself), talk openly about, for example, staying connected with others or being physically active in order to take care of our minds.

Model good habits

Children often learn from copying what they see around them. If you are taking care of your own mental health, it's easier for them to see what good habits look like.

Think about phone usage - both theirs and yours

We don't fully understand the impact of social media on our mental health but using phones and laptops can impact on our sleep, which is important to our mental health.

We're also more likely to listen to one another if we're not distracted by technology.

Notice any changes in your child's behaviour

Young people tell us how they are feeling in many ways, not always verbally.

Learning what is normal for your child makes it easier to notice when things change, and this may be an indication they are struggling.

Some of you have been asking about access to the resources which were shared with parents as part of the Mental Health and Wellbeing Workshop run by Amanda Porter. I am pleased to inform you that Amanda has now created a folder of many useful resources and we are looking at how we can best share these with parents through our website. Watch this space!

Yours sincerely

Mrs K Robinson
Headteacher

DIARY DATES

MARCH	
6 th	Author Paul Geraghty in school - 'Dress up as a book character' day Reading Café 3.30pm in the school hall
13 th	Coffee morning 8.50-10am Year 6 visit to STEM event
16 th - 20 th	Charity week raising money for "Hanley's Helping Hands"
19 th	5R River Trip Parents' Evening 3.45-7pm
20 th	3F and 15 children from 3S visiting Highclere Castle 5LB River Trip
23 rd	4H visit to Tuppenny Barn
w/b 23 rd	Parents' Consultation Days
25 th	4S visit to Tuppenny Barn
26 th	5JB River trip
27 th	HEARTS activity morning Clubs finish
30 th	3AD and 15 children from 3S visiting Highclere Castle 4W visit to Tuppenny Barn Rocksteady Concert to parents 2.45pm
APRIL	
1 st	Year 4 Ancient Greek Day
2 nd	Non-school uniform day (£1 donation) Easter Disco L/S: 3.30-4.45pm U/S: 5-6.30pm
3 rd	Inset Day
6 th - 17 th	Easter Holidays
20 th	Summer Term begins
22 nd	Class and Team photographs
27 th - 1 st May	Year 6 Residential visit to Brecon Beacons